



## Men's Underwear

### Measure Yourself

Measurements are provided by suppliers.

Product measurements may vary by up to 2" (5 cm).

#### Measure yourself

This size guide shows body measurements. We suggest ordering a size down when your measurements are between sizes.

For all horizontal measurements, please keep the tape measure parallel to the ground.

**A Waist**  
Place the tape on the narrowest part of the waist and measure around.

**B Hips**  
Put the beginning of the tape measure on one hip and bring the tape across the fullest part of the hips back to where you started measuring.

### Find Your Size

Using the Size Chart below, find the size that best fits your measurements.

| Size chart |                  |                  |
|------------|------------------|------------------|
| Inches     | Centimeters      |                  |
| SIZE       | WAIST            | HIPS             |
| XS         | 29 $\frac{7}{8}$ | 37               |
| S          | 31 $\frac{1}{2}$ | 38 $\frac{5}{8}$ |
| M          | 33 $\frac{1}{8}$ | 40 $\frac{1}{8}$ |
| L          | 36 $\frac{1}{4}$ | 43 $\frac{1}{4}$ |
| XL         | 39 $\frac{3}{8}$ | 46 $\frac{1}{2}$ |
| 2XL        | 42 $\frac{1}{2}$ | 49 $\frac{5}{8}$ |
| 3XL        | 45 $\frac{5}{8}$ | 52 $\frac{3}{4}$ |